



**POINT INFORMATION AND LISTENING
PUBLIC RELATIONS OFFICE**

HOSPITAL "VILLA SOFIA"

It is located next to the Emergency Department.
Tel. 091-7808139; 091-7803216.

PLEXUS DETACHED VIALE DEL FANTE

It is located at the Presidium
In the waiting room
Tel.091-7804072

HOSPITAL "VINCENZO CERVELLO"

It is located at the entrance of Building A.
Tel 091-6802750; 091-6802471.

HOURS

The Points Information of the Presidio Cervello and
the Presidio Villa Sofia perform the following hours
From Monday to Friday: 8:00h-14:00h
Tuesday and Thursday 14:30h-17:30h.

The Point Information of the Plexus detached of Vi-
ale del Fante instead performs the following hours:
From Monday to Friday : 8:00h-14:00h

**AT THE OFFICE CAN BE PRESENTED CLAIMS,
SIGNALS AND COMMENDATIONS**



**STOP
THE FALLS**

CURATED BY



Quality-Communication-Public Re-
lations Office
Tel 091-6802750
urp@ospedaliriunitipalermo.it

*HOSPITALS RIUNITI
"VILLA SOFIA-CERVELLO"*

Dear Sir, Madam,

This company has developed a comprehensive plan to prevent the risk of falls of hospitalized patients.

In this booklet are present some useful tips to improve your stay in the hospital as much as possible by reducing these risks.

Remind you that collaboration between health professionals, patients and family members helps to improve the patient experience.

The Management

TIPS

1. Inform nurses of previous episodes of falls at home or previous hospitalizations.

PATIENTS WITH PREVIOUS EPISODES OF FALL SHOULD ALWAYS CALL THE STAFF BEFORE MOVING OUT OF BED.

2. Avoid getting up out of bed and to stand up immediately.

3. To sit in bed for a few minutes and stand a few minutes before moving on foot, seated immediately to the appearance of dizziness and call your nurse.

4. Do not get up after meals if previously have arisen disorders such as, for example, dizziness during digestion.

5. Make sure that the doorbell works.

6. Place all items in a manner close to not having to get up to take them (phone, doorbell).

7. Ask to speak with a doctor if pain is present.

8. Ask to be changed of location if necessary.

9. Ask to have a small scale, if the bed is too high.

10. Asking for help to others if the doorbell does not work or if the nurse does not arrive and not get up to look for him.