

*Dear Madam, Dear Sir,*

*Our Company, in the larger program of quality improvement and humanization of the hospital organization has launched an action plan to guide the activities to health care and attention to pain relief.*

*In fact, today there are numerous tools that can help to control, mitigate and sometimes even defeat the pain and other professionals working to help those who suffer.*

*The information booklet that we present aims to be a tool to spread among all patients admitted to the necessary information to help you to overcome the pain and is a signal of our engagement to building a true "Hospital without pain".*

*The Management*



**POINT INFORMATION AND LISTENING  
PUBLIC RELATIONS OFFICE**

**HOSPITAL "VILLA SOFIA"**

It is located next to the Emergency Department.  
Tel. 091-7808139; 091-7803216.

**PLEXUS DETACHED VIALE DEL FANTE**

It is located at the Presidium  
In the waiting room  
Tel.091-7804072

**HOSPITAL "VINCENZO CERVELLO"**

It is located at the entrance of Building A.  
Tel 091-6802750; 091-6802471.

**HOURS**

The Points Information of the Presidio Cervello  
and the Presidio Villa Sofia perform the following  
hours

From Monday to Friday: 8:00-14:00  
Tuesday and Thursday 14:30-17:30.

The Point Information of the Plexus detached of  
Viale del Fante instead performs the following  
hours:

From Monday to Friday : 8:00-14:00

**AT THE OFFICE CAN BE PRESENTED  
CLAIMS,  
SIGNALS AND COMMENDATIONS**

**CURATED BY**



**Quality-Communication-Public Relations Office**

**Tel 091-6802750**

**urp@ospedaliriunitipalermo.it**



**HOSPITAL WITHOUT  
PAIN**

**HOSPITALS RIUNITI  
"VILLA SOFIA-CERVELLO"**

## THE PAIN

Despite the progress that has been made in recent decades in the medical field, the pain is often underestimated and neglected.

It is considered inevitable and almost considered an integral aspect of the disease and its treatment.

It is now clear, however, that the pain can and should be adequately treated, in its various manifestations.

The pain may be acute in fact, and therefore limited in time, or chronic, when it continues for long periods: in both cases can be reduced or treated so that it can be reduced and, probably, also vanish.

The pain may occur as a result of different situations:

a birth;

surgery;

trauma;

a disease of the osteoarticular system or muscles;

a malfunction of some nerves;

a tumor.

Most pain conditions can be met successfully, just ask the family doctor or if you are in the hospital, the ward doctor. In this case, especially if you have to undergo a surgery remember to ask doctors and nurses:

the intensity and duration of pain that you can try later;

The reference to the service established in the hospital to treat pain, or your doctor on the ward who is dealing;

The therapies and techniques that will be taken to control it;

Who to contact in case of pain after surgery.

**FIGHT THE PAIN  
IT IS YOU RIGHT**

**PLEASE REQUEST RESPECT**

## TO REMEMBER THAT:

The pain is not an event secondary to disease or surgery that causes it, but it needs to be addressed immediately in the therapeutic treatment;

The chronic pain control must be carried out through collaboration between family physicians, medical specialists, psychologists, physiotherapists, nurses;

In the hospital there is a service specialized in the treatment of acute and chronic pain and wards there are referral physicians for such activity;

The pain can be effectively dealt with by using, in addition to medications, other treatment techniques.

## IF YOU FEELING PAIN REMEMBER THAT :

Ask your doctor early intervention for pain control.

Always ask to be informed on the pain associated with your illness, how to relieve and cure him.

Collaborates with the medical staff in order to measure pain in the right way.

If you give birth, request, if you want, analgesia of childbirth.

Request a periodic evaluation of your pain, your response to therapy and written documentation of the data collected.

No one   Slight   Moderate   Strong   Unbearable

